



WORKSHOP ON STROKE REHABILITATION
“Current Evidence & The Continuum of Care”
 9th May, 2021 08.00 – 12.30
 National Epilepsy Center, NHSL, Colombo, Sri Lanka

08.00 – 09.15 SESSION I – Common Modules				
08.00 – 08.15	Models of Stroke Rehabilitation		Prof Jeyaraj Pandian	
08.15 – 08.30	In Hospital Stroke Rehabilitation – <i>Evidence Based Practice</i>		Dr Drocas Gandhi	
08.15 – 08.45	Standardized Assessments, Measures and Usage		Dr S Kamalakannan	
08.45 – 09.00	Early Mobilization		Dr Drocas Gandhi	
09.15 – 09.30	Building Capacity among caregivers, Patients/Health workers		Dr. G Urimubenshi	
09.30 – 09.45	Fatigue Management & Cardiovascular Endurance in Chronic Stroke		Dr. IA Sebastian	
09.45 – 10.00	Panel Discussion / Q & A		All Speakers	
10.00 – 10.30	TEA			
10.30 – 11.20 SESSION II – Parallel Sessions for Nurses/OT/PT/SLT				
	NURSING CARE	PHYSIOTHERAPY	OCCUPATIONAL THERAPY	SPEECH THERAPY
10.30 – 10.50	Swallow Assessment & Management <i>Mrs. S Samuel</i>	EBP for Upper extremity rehabilitation <i>Dr. D Gandhi</i>	Improving dexterity and strength <i>Dr. D Dawar</i>	EBP & Recent Advances in Improving Communication Post Stroke <i>Dr G Krishnan</i>
10.50 – 11.10	Role of Nurses in Mobility Training & Prevention of Secondary Complications <i>Dr D Dawar</i>	EBP for Balance and Gait Rehabilitation <i>Dr. G Urimubenshi</i>	EBP in Cognitive Rehabilitation Post-stroke <i>Dr. S Kamalakannan</i>	Standardized Assessments for Speech & Language <i>Dr. G Krishnan</i>
11.10 – 11.20	Q & A PANEL DISCUSSION			
11.20 – 12.20 SESSION III – CASE DISCUSSION/MDT SIMULATION (4 GROUPS)				
11.20 – 11.50	CASE PRESENTATION			
11.50 – 12.20	CASE DISCUSSION			
1220 -12. 30	CONCLUSION & LUNCH			